AGGIE SUSTAINABILITY ALLIANCE MONTHLY NEWSLETTER

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National Suicide Prevention Month

STEPS FOR HELPING SOMEONE IN EMOTIONAL PAIN

AGGIE SUSTAINABILITY

- Ask Studies show that asking at-risk individuals if they are suicidal does not increase suicides or suicidal thoughts.
- 2. **Keep Them Safe** Asking if the at-risk person has a plan and removing or disabling the lethal means can make a difference.
- 3. **Be There** Research suggests acknowledging and talking about suicide may in fact reduce rather than increase suicidal thoughts.

4. Help Them Connect

- National Suicide Prevention Lifeline (1-800-273-TALK)
- Crisis Text Line (Text 741741)
- Trevor Lifeline (1-866-488-7386)
- Veterans Crisis Line (1-800-273-8255)
- 5. **Stay Connected** Studies have shown the number of suicide deaths goes down when someone follows up with the at-risk person.

>>> PROGRAM HIGHLIGHT

SUSTAINABILITY INTERNSHIP PROGRAM



The goal of the Office of Sustainability's Internship Program is to bring undergraduate students from a variety of backgrounds and perspectives together to create a dynamic team that works to create a culture of sustainability at Texas A&M University.

Interns work together to increase awareness and education about the three pillars of sustainability: environment, economic, and social. The team focuses on educating the campus community about topics such as: energy and water use, transportation, food services, construction and built environment, purchasing, recycling, and social justice through the development of outreach initiatives and event coordination.

The Internship Program is open to any TAMU undergraduate student and all majors are encouraged to apply because true sustainability must be an interdisciplinary enterprise.

Learn more about the Internship Program: https://sustainability.tamu.edu/our-programs/internship-program.html



Big news! The Aggie Green Fund Advisory Committee has voted to expand funding to include holistic sustainability projects.

Texas A&M University defines sustainability as the efficient, deliberate, and responsible preservation of environmental, social, and economic resources to protect our earth for future generations of Texas Aggies, the Texas A&M University community and beyond.

Do you have an idea for a sustainable improvement on the Texas A&M College Station campus, Texas A&M Higher Education Center at McAllen campus, or the Texas A&M University School of Law campus? Consider applying for an Aggie Green Fund grant.

The Aggie Green Fund provides grants to students, faculty, and staff for their sustainable project ideas. We offer Major Grants annually and Micro-Grants on a rolling basis throughout the year to help create a more sustainability friendly campus. The Aggie Green Fund Advisory Committee oversees the Aggie Green Fund, which typically grants \$215K per year and has awarded over \$2.2 million to over 100 campus improvements projects since 2011.

Some examples of projects that can be funded are below.

- Accessibility
- 🔇 Animal Rights
- 💐 Biodiversity Concerns
- 💐 Built Environment
- Circular Economy
- 🔇 Climate Change
- Rergy Conservation
- 🔇 Environmental Justice
- Receiption Minimization
- 🔇 Fair Trade
- Recurity
- Reduction
- 💐 Gender and Sexuality

- Reen Technology
- 💐 Greenhouse Gas Reduction
- Hazardous Materials
- 💐 Human Health and Wellness
- Justice and DEI
- Labor Issues
- Revention Prevention
- 💐 Poverty and Income Inequality 🛛 💐 Waste Minimization
- 🔇 Public Health
- Race and Ethnicity
- Renewable Energy
- 💐 Sustainability Education
- Sustainable Buildings

- 🔇 Sustainable Communities
- 🔇 Sustainable Purchasing
- Stormwater Contamination
- Reportation
- 🔇 Urban Planning
- 🔇 Walkability
- 💐 Waste Management
- Water Conservation
- 🔇 Water Quality
- Wildlife Conservation
- 🔇 Zero Waste
- And so much more!

Micro Grant applications open September 15, 2022 and Major Grant Abstracts open October 3, 2022. Visit greenfund.tamu.edu for more information.

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- 4 National Wildlife Day
- 5 International Day of Charity
- 6 Resume Day & Mock Interview Day*
- 7 International Day of Clean Air
- 8 LGBTQ + Pride Center Rainbow Resource Fair*
- 10 World Suicide Prevention Day
- – Aggie Eco-Reps Campus Clean Up 10 a.m. meet in front of SSB
- 13 Von's Vision*
- 15 Aggie Green Fund Micro Grant Applications Open & Informational 5:30-6:30*
- 16 International Day for the Preservation of the Ozone Layer
- 19 National Cleanup Day
- 20 United Nations: HeForShe
- 21 Zero Emissions Day
- – Education Abroad World Fair 10 a.m. 2 p.m. Rudder Plaza
- – International Day of Peace
- - Aggie Eco-Reps Sustainable Movie Night 6:45 p.m. Commons 109
- 22 World Car-Free Day
- 23 Aggie Eco-Reps Swap Shop 12 p.m. 4 p.m. Commons 109
- 24 Aggie Eco-Reps Campus Clean Up 10 a.m. meet in front of SSB
- 25 Aggie Ally Workshop*

Recurring Events:

- Counseling and Psychological Services Workshops:
 - Accepting Emotions Tuesdays, 11:00 a.m. via Zoom*
 - Healthy Relationships Thursdays, 11:00 a.m. via Zoom*
- *Link for event in email

The Aggie Sustainability Alliance went through an icon rebrand this summer.

We want to give a big thank you to Sylvia Wegwu, Office of Sustainability Graphic Designer for this amazing design!

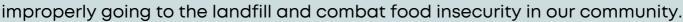


AGGIE SUSTAINABILITY ALLIANCE

food waste research opportunity

Approaching Food Insecurity Through Policy Implementation and Community Networking Investigator: Regina Alvarez

The survey is designed to aid in answering our research questions: How does food insecurity affect our community? Are there other ways we can dispose of our waste? The purpose of our research is to understand the knowledge that the public has on food waste and food insecurity. In hopes to find ways to redirect "waste" from

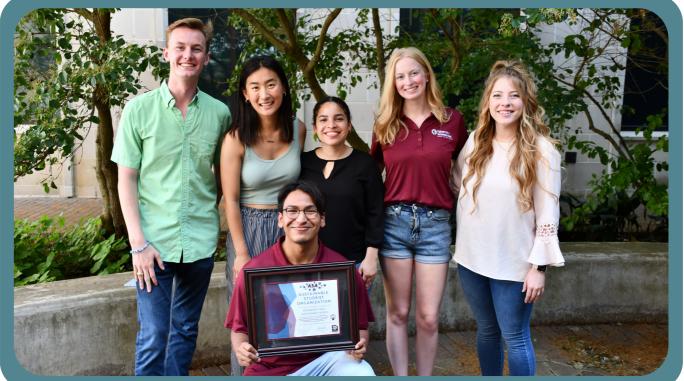


<u>Help by taking the survey now:</u> https://tamu.qualtrics.com/jfe/form/SV_0JRpwqEHRktWgvk



SUSTAINABLE STUDENT ORGANIZATION





In May 2022 Engineers for a Sustainable World certified as a Sustainable Student Organization at the Advocate Level.

FAIR TRADE PRODUCT FEATURE





CHNGE is committed to challenging the status quo of polluting and less responsible industries through their commitment commitment to carbon neutrality, responsible fabrics, fair wage practices, and minimizing waste.

CHNGE clothing is produced at a Fair Trade factory. They guarantee no forced labor, safe working conditions, fair wages, and the right to form trade unions and collectively bargain. On top of that, their factory provides social insurance and health service options, and workers are paid double their hourly rate for voluntary overtime.

sustainability tip of the month

Bike Around Campus

For nearby meetings and events on campus, you cannot beat biking to get fresh air, sunshine, and a wellbeing boost.

Texas A&M is officially recognized as a "Bicycle Friendly University". Transportation Services continuously works to improve cyclist safety and accessibility through bike lanes, bike parking, and bike fix-it stations. Additionally, they provide low-cost, selfservice, and on-demand bike sharing around campus. Riding a bike around campus has never been easier.



